

YELENA LAMM SUPPLY LIST FOR FLORAL WORKSHOP:

I perhaps owe having become a painter to flowers.

Claude Monet

Flowers as artistic subject offer infinite variety in form and color, carry deep symbolic meanings, evoke wide range of emotions, foster a connection to nature, and allow for artistic freedom in terms of interpretation and style.

Join me for an immersive and vibrant 3-day workshop focused on painting flowers from life. This dynamic course will guide you through the essential techniques of alla-prima oil painting, help master your approach to composition, color harmonies and values. You will work with limited primary palette and have an option of expanding this palette to boost your skills creating rich, cohesive artworks, explore your creativity and enhance your artistic abilities.

Some experience is recommended, but beginners and first-time oil painters are welcome and encouraged to join!

Materials:

- Surfaces:

Minimum 3 stretched canvases, canvas boards or panels, recommended size between 8"x10" and 12"x16". I use Centurion Deluxe Professional Oil Primed Linen Canvas Panels. Small (5"x7" or so) surfaces for color thumbnails; can be scrap canvas pieces, oil paper, primed watercolor paper or board.

- Brushes:

I use Rosemary and Co. brushes. My favorite are Evergreen Short Flat sizes 4-10; Eclipse Fan (1.5-2", optional).

- Palette

- Medium: linseed oil and container for oil

- Small sketch book, graphite or charcoal pencil

- Oil paints:

Flowers are colorful subjects indeed. I realized that if I start naming all the pigments that could be used for the workshop, the list would go on and on. I came up with a limited palette which is fun to work with and allows for a full range of bright chromatic colors. It includes:

- Quinacridone Rose
- Phthalo Turquoise

- Cadmium Yellow Lemon
- Transparent Oxide Red
- Cobalt Blue
- Titanium White

Additional colors I like, all of these are optional:

- Cadmium red light
- Chinese Orange (Sennelier)
- Viridian
- Sap Green
- Green Gold (MH)
- Radiant Turquoise (Gamblin)
- Radiant Green (Gamblin)
- Amethyst (MH) – or any nice purple or violet

Don't worry if you don't have all the colors. Any substitute pigments are fine as long as you have three primary colors, in our case — Quinacridone Rose, Phthalo Turquoise, and Cadmium Yellow Lemon. Bring your favorite bright pinks, oranges, yellows, purples — or stay within a limited palette.

YELENA LAMM BIO:

Bio/CV:

Yelena Lamm was born in Saint Petersburg, Russia, where she received her formal art training from the N. K. Roerich Fine Arts School. Since 1995, she lives in Pittsburgh, PA. Yelena is painting primarily in oil. She is known for her portraits of pets and animals, in which she reflects on her subjects' characters and personalities, as well as for her lively and colorful floral compositions. Yelena is a Signature member of Society of Animal Artists (SAA) and National Oil and Acrylic Painters' Society (NOAPS). Yelena's works were selected for and won awards in juried regional and national shows. She was a finalist in the 15th ARC Salon and semi-finalist in the 16th ARC Salon. Her list of awards includes recent Most Original Award of Excellence in OPA 2023 Eastern Regional Exhibition, Outstanding Achievement Animals in AWA 2023 Annual Online Juried Show, and SAA 63rd Art & the Animal Exhibition Purchase Award. Britain's most popular magazine for practicing artists, Artists and Illustrators, featured Yelena's animal portraits in a 6-page article and on the cover of their June 2023 issue. Yelena's works are represented by Reinert Fine Art in Charleston, SC, and Main Exhibit Gallery in Ligonier, PA.

Recent Juried Exhibitions and Awards

2024

NOAPS Best of America Small Works

Society of Animal Artists 64th Art & the Animal Exhibition

AIS 8th Annual Impressions: Small Works Showcase

OPA 33rd Annual National Juried Exhibition

Society of Animal Artists Wildlife Wonders Exhibition, The Arizona-Sonora Desert Museum

Southeastern Wildlife Exposition (SEWE)

2023

AWA Annual Online Juried Show, Outstanding Achievement Animals

OPA Eastern Regional Exhibition, Most Original Award of Excellence

Society of Animal Artists 63rd Art & the Animal Exhibition, Driftless Glen Purchase Award; SAA Newcomer Award

NOAPS Best of America

NOAPS Best of America Plein Air Competition, Fourth Place

24th Annual AIS National Exhibition

AIS 2023 Paintout, Honorable Mention

Westmoreland Art Nationals, Curator's Choice Award

NOAPS Best of America Small Works

16th ARC Salon, Semi-Finalist

2022

OPA Eastern Regional Exhibition

NOAPS Best of America

Westmoreland Art Nationals, Best in Show
NOAPS Best of America Small Works
NOAPS Best of America Small Works Plein Air Competition, First Place

2021

OPA Eastern Regional Exhibition
NOAPS Best of America, Merit Award
OPA 30th Annual National Juried Exhibition of Traditional Oils
OPA Wet Paint Plein Air Competition, Award of Excellence
Westmoreland Art Nationals, Painting Award in two exhibitions
15th ARC Salon, Finalist

Publications

Artists and Illustrators Magazine, 6-page feature article & front cover, June 2023
Southwest Art, Women In Art feature article, October/November 2022